Operating with Feeling: a workshop on surgery and emotion

Friday, 1 June 2018
Royal College of Surgeons, London
9.00am  Registration and coffee

9.30am  Welcome

Alison Moulds, Engagement Fellow, and Agnes Arnold-Forster, Research Fellow, Surgery & Emotion

9.45am  Session One: Stress, Burnout and Bullying

Alice Hartley, Chair of Campaign against Bullying in Surgery, Royal College of Surgeons of Edinburgh

Simon Fleming, Orthopaedic Registrar and #HammerItOut Campaign, British Orthopaedic Trainees Association (BOTA)

Richard Jones, Clinical Director, NHS Practitioner Health Programme

11.15am  Refreshment break

11.45am  Session Two: Anxiety, Doubt and Grief

Sally Frampton, Postdoctoral Research Assistant, Constructing Scientific Communities Project, University of Oxford

Jocelyn Cornwell, Chief Executive, Point of Care Foundation

Siné McDougall, Professor of Psychology, and Catherine Johnson, PhD Researcher, Surgeon Wellbeing Project, Bournemouth University
Programme

1.15pm  Lunch

2.15pm  Session Three: Compassion and Sympathy

John Collins, Professorial Fellow in Surgery, University of Melbourne
Rose Glennerster, Junior Doctor, Royal United Hospital Bath
Surjait Singh, Doctor Support Service, British Medical Association
Michael Brown, Principal Investigator, Surgery & Emotion

4.00pm  Refreshment break

4.15pm  Keynote Lecture - ‘The Humane Surgeon’

Averil Mansfield, Retired Vascular Surgeon

5.15pm  Closing Remarks

Alison Moulds, Engagement Fellow, and Agnes Arnold-Forster, Research Fellow, Surgery & Emotion

5.30pm  Drinks Reception

6.30pm  Close
Speakers

**Sally Frampton** is a Postdoctoral Researcher at St. Anne’s College, University of Oxford. She has previously published on surgery in the nineteenth and twentieth centuries and on the history of the medical press. Her book, *Belly-Rippers: Surgical Innovation and the Ovariotomy Controversy*, charts the introduction of abdominal surgery into practice in the nineteenth century, and will be published by Palgrave Macmillan this year.

**Richard Jones** is the Clinical Director for the NHS Practitioner Health Programme (PHP), and the GP Health Service. He manages the largest caseload in both services, helping practitioner patients recover from a wide variety of health problems and addictions. Since the creation of the new GPH service, Richard primarily sees only the most complex cases, typically with regulator involvement, atypical addictions and presentations, or those that require enhanced management or confidentiality. Richard is particularly interested in psychopharmacology, non-substance related addictions, and the role of ‘meta emotions’ in maintaining illnesses and addictions. Richard originally trained as a Mental Health Nurse (RMN), working for over a decade post-qualification at the South London and Maudsley Trust, before becoming a Lecturer/Practitioner at King’s College London’s (KCL) Nightingale School. Whilst at KCL, he was given the Teaching Excellence award in 2010. Richard has worked at PHP since 2010, joining the team full time in 2012.

**Simon Fleming** is a Trauma and Orthopaedic registrar on the Pott rotation in London. He is also Immediate Past President of the British Orthopaedic Trainees’ Association (BOTA), the Chief Resident for the International Conference in Residency Education (ICRE) for a second term, the Vice Chair of the Academy Trainee Doctors’ Group (ATDG), and a PhD candidate in Medical Education at Barts and The London Medical School. While passionate about Orthopaedics and achieving excellence in surgical training, he has special interests in hand surgery, competency attainment and combating bullying, undermining and harassment in surgery, through the award-winning #HammerItOut campaign, on which he has delivered a TEDx talk and spoken internationally. Simon is heavily involved in mentoring and teaching both undergraduates and postgraduates, which has been recognised with a Surgeon Educator Award from the Royal College of Surgeons (Eng), and the Academic Support Award from Queen Mary University, Barts and The London Medical School. He undoes all the good work he does in the gym with a love of great food.

**Alice Hartley** is a Urology Trainee in North-East England and is in her final year of a PhD looking at prostate cancer biomarkers. From the outset, she has chaired the group at the Royal College of Surgeons of Edinburgh working on tackling undermining and bullying in surgery. Whilst initially aimed at the College’s own members and fellows, the resources and collaborations have now extended across multiple specialties and organisations within the NHS. Following the success of a national forum to tackle bullying earlier in the year, Alice and her team have built on the collaborations made here, and plan to run a subsequent meeting in Scotland in the autumn. She is a keen runner and mother to two boys, Lawrence and Henry.

**Jocelyn Cornwall** is the CEO and founder of The Point of Care Foundation. Jocelyn founded The Point of Care programme at The King’s Fund in 2007. She originally trained as a medical sociologist and ethnographer, and is the author of *Hard-Earned Lives: Accounts of Health and Illness from East London* (1984). Jocelyn has worked in academic research, as a senior manager in NHS community health services and in health regulation, first at the Audit Commission, and then at the Commission for Health Improvement (CHI), where she was responsible for the design of clinical governance review methods. Jocelyn is the external lead for patient and public involvement for the NW London CLAHRC, Visiting Professor in the Department of Medicine at Imperial College London, and a Trustee of the Nuffield Trust.

**Siné McDougall** is part of the Adverse Events Research Team based at Bournemouth University (https://www.surgeonwellbeing.co.uk/). The team is carrying out research examining the impact of adverse events – both complications and errors – on surgeons, investigating the effects of these events on surgeons’ wellbeing. The aim is to ameliorate the negative impact of adverse events to allow surgeons to continue to flourish within their working and personal lives. She also has an interest in human factors, particularly how we understand, learn and use visual icons and symbols on interfaces. Current research is also examining the way we interpret and learn auditory warnings from machinery in operating theatres, developing a new international standard for alarms used in hospital environments.
Speakers

Catherine Johnson is a final year PhD researcher studying the psychological impact of complications and errors on surgeons. Her research has been supported by the Royal College of Surgeons and involved a large scale national survey, generating a quantified description of the impact of adverse events on surgeons. Results from the survey provide an in-depth national picture of how surgeons are psychologically affected following an adverse event that is currently missing within this field of research. Catherine’s background is in education, having gained her PGCE in 2010 and teaching for five years in both head of department and behaviour specialist roles. Having subsequently completed her MSc in Psychology, she was drawn to this area of research for her PhD as it appeals to her psychological interests in clinical psychology and wellbeing, and appeases her desire to make a positive impact on the quality of life of others.

John Collins completed his surgical training in the United Kingdom. He joined the University Department of Surgery in Auckland, where his major career interests have been in surgical oncology and medical education. He has held a number of leadership positions at university, hospital, medical college and government-level and was the Foundation Dean of Education at the Royal Australasian College of Surgeons in Melbourne. He was a Hunterian Professor at the Royal College of Surgeons of England in 2010. John is currently a Professorial Fellow in Surgery at the University of Melbourne, Visiting Research Professor in Surgery at the University of Oxford, and Senior Visiting Research Fellow at Green Templeton College. He is currently undertaking research on the archives held by the Royal College of Surgeons of England for his PhD in the history of medicine. The focus of John’s research is on the attitudes of surgeons and the experiences of their patients in early nineteenth-century Britain.

Rose Glennerster trained at Brighton and Sussex Medical School including a BSc in Medical Ethics and Law at King’s College, London. She worked with UK Healthcare for Homeless Teams in Brighton, London and Oxford and with the Homeless Healthcare team in Massachusetts General, Boston. In Bath, she is part of a group who were recently awarded a government grant to integrate homeless healthcare. Rose has spoken about tackling healthcare inequalities at the International Symposium of Homelessness, and the UK Faculty of Public Health conference. She has also worked with the support service for victims of domestic violence in Brighton, trained volunteers in safeguarding children at King’s College Hospital, and presented at the Guy’s and Thomas’ Grand Round on safeguarding vulnerable adults. She ran the National Macmillan Student Network on cancer and end of life care, and has presented at, among others, “Compassion in Healthcare” at the Royal Society of Medicine.

Surjait Singh retired in 2016 as consultant general surgeon at the Queen Elizabeth Hospital King’s Lynn after 23 years. His RCS roles included Surgical tutor and Director for Professional Affairs (2010-2015) for the East of England. During his tenure his priorities included access to surgical services in rural settings, and developing a mentoring programme for surgeons. He is a member of the court of examiners for the Intercollegiate Membership of the RCS, and panel of examiners for the ICB. Since 2015 he has worked as a volunteer with the British Medical Association’s (BMA) doctors for doctors service, as a doctor support worker and doctor advisor. The harrowing stories shared by doctors undergoing General Medical Council investigations have further enforced his resolve to lobby for an NHS-wide mentoring scheme. He continues with his efforts at the BMA. He is a trustee of AgeUK Norfolk, and travelled to Ghana as a volunteer surgeon with Operation Hernia.

Michael Brown is Reader in History and Principal Investigator on the Surgery & Emotion project (http://www.surgeryandemotion.com) at the University of Roehampton. His research interests are in the social and cultural history of medicine and surgery from the late eighteenth to the early twentieth centuries. He has written extensively on the history of medical identity, performance and self-representation as well as gender, war and militarism. His strand of the Surgery & Emotion project considers the emotional landscape of British surgery in the long nineteenth century.

Averil Mansfield is a retired Vascular Surgeon. She was educated at her local primary and grammar schools in Blackpool and then at Liverpool University. After graduation she trained in surgery in Liverpool and in addition spent two years in the USA. She became a consultant general surgeon first in Liverpool and later moved to London. In London she practised as a vascular surgeon and later became Professor of Vascular Surgery at Imperial College and Director of the Academic Surgical Unit at St Mary’s Hospital. She has been President of The Association of Surgeons, The Vascular Surgical Society and the section of Surgery of the Royal Society of Medicine. She was Vice President of the Royal College of Surgeons of England and President of the British Medical Association. She was Chairman of the Stroke Association. In retirement she tries to play the cello.

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Upcoming events

Preparing for consultancy
Royal College of Surgeons, London
Friday, 13 July 2018

Less than full-time working for surgeons
Marriott Hotel, Liverpool
Friday, 28 September 2018

Mid-careers conference
Marriott Hotel, Liverpool
Thursday, 11 October 2018

Further details of future events can be found online at www.rcseng.ac.uk/news-and-events

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